



1. Zero Tolerance Policy will be enforced at ALL times regarding coach, player and spectator behavior
2. **USFF/FIFA Laws of the Game** will be in effect except where noted below.
3. USFF Approved size #4 ball for U13 and older, size #3 ball for U12 and younger. Ball to be supplied by teams.
4. Home team kicks off to start first half, visitor kicks off to start second half. Kick off is **IN-DIRECT**, and ball must move forward.
5. Any ball played to a teammate by the GK must go past mid-field or be touched by the opposing team before being played back to the GK. Penalty is **IFK**.
6. Teams start on same side of field as bench, and will not change ends at halftime.
7. There are no 'time-outs', as in USFF Rules.
8. There are no foul accumulations kept at this time.
9. Ball cannot go over mid-field line in air from **goalie clearance (throw) for U16 and younger**. Infraction will result in an **IN-DIRECT** kick for opposing team from the mid field line.
10. Goal Keeper can score from own half. No Punts or Drop Kicks, Goal Keeper may only distribute ball by foot when ball is not bouncing.
11. No slide tackling – Infraction results in a **DIRECT** kick for opposing team.
12. Two disciplinary red cards issued to the same team in any given game will result in abandoning play and an immediate forfeit.
13. 5 goal maximum differential to be displayed at anytime on scoreboard and counted in standings.
14. Tie breaker for final standings: head to head, most wins, fewest goals allowed, most shutouts, goal differential (5 max. per game), coin toss
15. League Games: 25 minute halves – running time, 3 minute half time.  
Playoff Games: 25-50 minute games TBD for each section.  
Running time for all games including no stoppage of clock for injuries. All games must start on time. Fore Kicks reserves the right to shorten game times accordingly to end before next game start time. Teams not ready to play within 10 minutes of scheduled time will forfeit game.
16. Substitutions must be made “on the fly” and **ONLY** in the **designated substitution area** near midfield. Substituted players must be off the field before new player enters field. Penalty for too many players on field at one time will be a caution(yellow card) to the illegal player, and an **INDIRECT** free kick from the point the ball was at the time the infraction is noticed. Note: application of this rule is at the discretion of the referee only who determines if infraction has affected play. Advantage rule applied when appropriate.
17. Opposing players must stand at least 5 yards from ball during all free kicks, and kick ins, including penalty kicks. Players must remain behind designated line for kickoff.
18. **NO SPITTING in facility on any surface at any time**- Infraction will be cautionable as unsporting behavior.
19. Penalty Kicks: Taken from the top of the penalty arc, all players outside arc(except goalkeeper)
20. Out of bounds: Side line- 4 sec. play in with feet (indirect kick), End line- goalie clearance (throw), or corner kick.
21. Sneakers or non-marking flat sole indoor soccer shoes only.
22. Red Card: Player must leave field, team can re-add 5<sup>th</sup> player after 2 minutes or until score by opposing team.
23. U10 and younger, the defending team will retreat to the halfway line on all goal kicks, but not on goalkeeper saves. The ball be considered ‘live’ once the ball leaves the goal area arc.