



COVID-19 League Modifications - Phase 3 Step 1 (Flag Football)

Revised 10/9/20

In combination with our overall company requirements and state guideline regulations during this period, we are implementing the following modifications to specific game rules.

PLEASE NOTE: PLAYER SAFETY IS OUR FIRST AND FOREMOST CONCERN.

The following guidelines are in place to ensure a safe and enjoyable environment for all players and staff while at Fore Kicks. They will be strictly enforced. Failure to do so can result in removal from premises or expulsion from league.

Surrounding The Game

1. Any participants with signs of symptoms of COVID-19 are asked to stay home and not attend.
2. PARENTS/SPECTATORS are required to stay in their cars or drop off and pick up their participants. Remote viewing through our [LiveBarn](#) field cameras is available on all indoor fields/courts.
3. ARRIVAL cannot be earlier than 5 minutes prior to your PRACTICE/GAME. Players must remain in their cars until that time.
4. We expect all players and officials to arrive in their full UNIFORM.
5. FACE MASKS required at all times. During play, entry and exit from the building, bathroom visits, etc.
6. BATHROOMS are for our participants only (no spectators) and are limited to 2 people at a time.
7. NO FOOD on fields. WATER BOTTLES ONLY allowed on fields and must be labeled with player's name. Please do not share WATER bottles. Water fountains (inside) are off until further notice.
8. STATE guidelines regarding social distancing must be adhered to including no more than 25 people allowed on any playing field or surface.
9. All TRASH must be removed from the area by participants. Trash in/Trash out.
10. NO SPITTING at any time anywhere on property. Violation can result in expulsion.
11. WHEN ACTIVITY IS OVER, players must leave the complex immediately.
12. ENTRY and EXIT points are designated.

During The Game

1. ALL players, referees and coaches MUST wear a mask at all times including during the game.
2. NO TACKLING/BLOCKING/PUSHING per NFL FLAG RULES.
3. A 7 FOOT WIDE line of scrimmage has been implemented and must be adhered to.
4. Players NOT ACTIVELY INVOLVED in the current play must STOP running/playing once the ball is thrown or handed off.
5. POST GAME handshakes/fist bumps have been suspended.